National Park Service

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C&O Canal National Historical Park News Release

March 25, 2017 **For Immediate Release** Contact: Pete Peterson, Supervisory Park Ranger, 301-767-3702

C&O Canal Explore the Story of Women's Lives

Potomac, MD – On Saturday, March 25, 2017, the Chesapeake and Ohio Canal National Historical Park (C&O Canal) invites the public to come explore the story of women's lives and work on the canal. The program will take place at the Great Falls Tavern in Potomac, Maryland.

Women played vital roles in the operation of the C&O Canal from its beginning in 1828 to the present. Historically, women needed to be skilled in mule care, booking, laundry, cooking, sewing, medicine, and teaching. They often found themselves as lock-tenders and boatman. The public will be encouraged to participate in the various forms of labor performed by women along the canal in the 19th century. Volunteers will demonstrate how laundry, cooking, cleaning, child rearing, and other forms of "women's work" was done during the heyday of the C&O Canal. Come and try your hand at kneading dough, scrubbing a washboard, and mending a shirt. This event will run from 2:00 pm to 4:00 pm.

This demonstration will take place at the Great Falls Tavern Visitor Center (11710 MacArthur Boulevard, Potomac, MD 20854). The event will be free of charge. There is a fee to enter the park (currently \$10 per vehicle for a single visit, unless a passenger has an applicable park pass). Call ahead for details at (301) 767-3714 (press "0" to reach a park staff person, Wed.-Sun., 9:00-4:30). For more information on the C&O Canal's programs and events, please visit <u>www.nps.gov/choh</u>.

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ABOUT THE C&O Canal: The Chesapeake and Ohio Canal National Historical Park preserves and interprets the historical, natural and recreational resources of the C&O Canal. Over 5,000,000 visitors a year enjoy the opportunities for recreation and understanding that the Park has to offer. For more information, visit the Park's website at <u>www.nps.gov/choh</u>.